



UNC Wilmington



School of Nursing Newsletter

Volume 5, Issue 2

End of Semester Issue

December 2010

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Production: Debra Simpson (simpsond@uncw.edu)

Upcoming Dates:

Dec. 10: SON Graduation Awards Ceremony, Kenan Auditorium 7p.m.

Dec. 11: Commencement, Trask Auditorium, 9:30 a.m.

Dec. 24-Jan. 2: Winter Break

Jan. 10: Spring '11 semester begins

Jan. 10: Faculty Council Meeting, 8:30 a.m. SON Building #1051

Jan. 10: Pre-licensure Faculty Meeting, 10:30 a.m. SON Building #1038

Jan. 12: Spring '11 classes begin

Jan. 17: Martin Luther King Holiday; No classes

Jan. 19: Last day to drop/add courses

Jan. 20: Clinical Affiliate Meeting, NHRMC

Feb. 12: Camp Special Time Camp Lejeune, Jacksonville

Feb. 14: Faculty Council Meeting, 8:30 a.m. SON Building #1051

February 21: Pre-licensure Council Meeting, 10:00 a.m. SON Building #1038

Mar. 12-20: Spring Break.; No classes

Mar. 21: Faculty Council Meeting, 8:30 a.m., SON Building #1051

Please submit items of interest, calendar events, notable achievements, community events and questions you may have for our faculty and staff to our editorial/production staff: Sandy O'Donnell or Debra Simpson.

Greetings from the Director

The fall 2010 semester in the School of Nursing (SON) has been very busy. Many interested community groups in the Wilmington area have requested tours of the new building. We are also developing partnerships with outside groups to use the educational space in the area of simulation. Construction issues have been at a minimum, and the new advanced educational technologies are working well.

Several exciting things are happening. Five positions are soon to be filled: (1) two positions in the Clinical Research Program, (2) one position for the Belk Distinguished Professorship, (3) one position for the RN-BSN Program and (4) one position for the Pre-Licensure Program focusing on mental health. We hope to have all five filled by January 2011.

Interest in applying to the Pre-Licensure Program continues to be robust. For the spring '11 class of 50 spots, 117 applications were received. The new master's program in Clinical Research and Product Development will be implemented in spring 2011 for 10- 20 students.

I hope that your holidays are filled with peace and joy!



Congratulations to the December 2010 Graduates!

Pre-licensure Graduates

Julianne Elizabeth Almeida
Lauren Faith Aycock
Audrey Jo Bafford
Justin Thomas Blackmon
Katherine Rachel Brawley
Lauren Moriah Brown
Sabrina Chalfun Barbieri
Nina Rita Chavez
Kayla Dawn Chavis
Virginia Elizabeth Curry
Hiromi Del Prete
Janie Lynn Dowda
Zachary Steven Evans
Alicia Florence Forero

Amanda Lynn Formy-Duval
William Thomas Fossett
Melissa Blair Howard
Adrian George Ionescu
Merri Gray Jones
Amber Nichole Lamar
Sylvia San Juana Macias
Heleana Joy Mangeri
Thomas Michael Mangiacapre
Megan Elizabeth Miller
Susan Faith Mintz
Olivia Marie Murphrey
Rebecca Anne Neer
Andrew Randall Newsome

Brooke Elizabeth Newton
Matthew Ernest Pirruccello
Leah Kathryn Pursel
Kathryn Elizabeth Radle
Mallory Paige Rodgers
Courtney Kay Roper
Heather Kay Scott
Holly Michelle Snow
Mary Katherine Stafford
Crystal Michelle Taylor
Sean Ryan Toomey
Rosemarie Odette Wyatt
Kelly Jordan Young

MSN Graduates

Rachel Irving Almond
Susan Nicole Banford
Shelley Yvonne Brown
Christy Lynn Bullard
Katara Scott Chavis
Janice Allen Cooley
Anne Walker Crawford

Kimberly Fletcher Dorsey
Keltsie Spivey Kellum
Rhonda Lavoie Lynch
Chrysanthi Lea Mitchell
Tabatha Lee Obeda
Esther Darlene Okons
Brittany Mobley Outlaw

Andrea Petrone
Barbara Anne Pridgen
Marianne Cecelia Robinson
Allison Lynne Scott
Jessica Watkins Smith
Anita Lane Thurman
Hope Stephens Tyson

Notable Recognition

The El Salvador Cultural Immersion Program, which is led by **Jane Fox**, received \$15,000 from the Mary Lynn Richardson Fund to purchase supplies and medications for the clinics we serve.

Notable Achievements

Jeanne Kemppainen was the contributing author in a segment in a book. The citation is as follows:

Kemppainen, J. (2010). Culturally-based illness and health beliefs. In Anderson, N. & Douglas, M. (Eds.), Core curriculum for Transcultural Nursing and Health Care. *Journal of Transcultural Nursing*, 21, S1, 204S-209S. (invited authorship, contributing author on segment, sexually transmitted illness)

Kemppainen also has a manuscript to be published in the December issue of the *Journal of Iwate Society of Nursing Science* with the following citation:

Kemppainen, J., Bomar, P., Kikuchi, K., Ambo, H., Kanematsu, Y., Tsuboyama, M., Ando, A., Noguchi, K. & Chiba, S. (2010). A cross cultural comparison of knowledge of hypertension, health promoting lifestyle and spirituality in residents with hypertension from Iwate, Japan and Southeastern North Carolina, USA. *Journal of Iwate Society of Nursing Science* 4(2).

Deborah Pollard completed the UNC-Chapel Hill BRIDGES Academic Leadership for Women Program from Sept. through Nov. '10. **Pollard**, selected by the UNCW Center for Faculty Leadership, was among 34 women from N.C. who attended the series of workshops. BRIDGES is an intensive professional development program for women in higher education who seek to gain or strengthen their academic leadership capabilities. It is designed to help women identify, understand and move into leadership roles within academia. This year's theme was facilitating transformational leadership.

Chris Orton and **Carol Heinrich** completed the data analysis of their project assessing the use of virtual MicroSim case studies in the classroom setting with senior students enrolled in the Adult Nursing II class. They presented the findings of this classroom simulation activity, "Effectiveness of a Collaborative Simulation Activity on Student Learning Outcomes" at the NLN Technology Conference in Indianapolis in Oct. '10. The use of MicroSim as a simulation teaching strategy in the classroom, "Enhancing Student Learning with Simulation in the Classroom," was later presented at the AACN Baccalaureate Nursing Education Conference in Orlando, Fla. in Nov. '10. This simulation project was an extension of the initial study conducted by **Rand Pennington**, a recent graduate of the Nurse Educator option of the MSN program.

Brandy Mechling passed her comprehensive exams in August and is now a PhD candidate preparing her dissertation proposal. Also, **Mechling** had an article, "The Experiences of Youth Serving as Caregivers to Mentally Ill Parents: A Background Review of the Literature," accepted for publication in *The Journal of Psychosocial Nursing and Mental Health Services*.

Melissa Aselage made poster and podium presentations in October and November '10. The citations are as follows:

Leak, A. & Aselage, M. (Oct., 2010). Opportunity for Geriatric Nursing Scholarship (podium presentation), 2010 Annual Carolina Nurses Association Meeting. Winston-Salem, N.C.

Aselage, M. (Nov., 2010). Graying of the Coastline: Advancing Excellence in Geriatric Nursing Across the Care Continuum (podium presentation). N.C. Gerontological Nursing Council Winter Meeting. Wilmington, N.C.

Aselage, M., Amelia, E., DeLegge, M. & bower, L. (2010). A Method to the Madness: Fidelity to Treatment (poster presentation). 2010 Gerontological Society of America. New Orleans, LA.

Part-time faculty **Madeline Lawrence** presented "The Use of Hypnosis in Reducing Anxiety during Breast Cancer Testing" at the Breast Cancer Survivor program at the Piedmont Medical Center in Rock Hill, SC in Oct. '10. **Lawrence** also presented "New Directions for NDE (Near Death Experiences) Research" at the Durham regional meeting of the Near-Death Studies in Oct. '10.

The honor research of **Hillary Hutto** (May '10), Postpartum Depression among White, African-American and Hispanic Low-income Mothers in Rural Southeastern North Carolina" has been accepted in the *Journal of Community Health Nursing*. The project supervisors and co-authors include **Soo Kim Godwin**, **Debbie Pollard** and **Jeanne Kemppainen**.

Janice Bennett (RN-BSN student) wrote a letter to the editor that has been accepted in the *Clinical Journal of Oncology Nursing*. **Audrey Cox** (RN-BSM student) also wrote a letter to the editor that has been accepted in the *Online Journal of Issues in Nursing*. The instructor for both of these students is **Soo Kim-Godwin**.

Pre-Licensure and RN-BS Curriculum Changes Approved

The SON Curriculum Committee, formed during fall '09, recently recommended major curriculum changes to the pre-licensure and RN-BSN programs. These changes were approved by the SON faculty in March '10, by the University Curriculum Committee on Nov. 1 and the University Faculty Senate on Nov. 9. The curriculum changes take effect for new freshman students entering UNCW in fall 2011. While credit hours for the pre-licensure and RN-BSN programs did not change, the number of pre-licensure clinical hours will increase from 840 to 975 hours.

Below are highlights of the changes made to the pre-licensure curriculum:

- Application to the school of nursing the first semester of sophomore year with students starting nursing courses (Fundamentals and Health Assessment courses) in the second semester of their sophomore year;
- Addition of the following courses: Fundamentals, Therapeutic Nutrition, capstone course;
- Redesign of the Health Policy course: Issues, Trends and Health Policy in Nursing;
- Combining pathophysiology and pharmacology into two 3-credit courses: Patho/Pharm I and Patho/Pharm II; and
- Deletion of the following: CNA requirement, the communications course and the clinical reasoning course.

Highlights of the changes in the RN-BS curriculum:

- Redesign of the Health Policy course: Issues, Trends and Health Policy in Nursing;
- Deletion of the clinical reasoning course;
- Integration of a capstone experience in the Community Health course.

Thanks to all students and faculty for their input. A special thanks to the Curriculum Committee for this enormous accomplishment: **Kathy Ennen, Anne-Marie Goff, Carol Heinrich, Chris Orton, Brenda Pavill, Debbie Pollard (chair), Anne Zabriskie** and to department chairs, **RuthAnne Kuiper** and **Jeanne Kemppainen**.

Welcome to the Class of December '12

We welcome 45 new students to the pre-licensure Class of December '12! This newest cohort is comprised of 41 females and four males, of which six have prior college degrees, one is a doctor of chiropractic medicine and six are nurse scholars. Additional alternate students may be called for a maximum 50-student cohort.

Congratulations to Linda Ferrell



On Nov. 17, Linda Ferrell received a certificate of completion for Computing 101, a series of workshops created to provide a comprehensive training program on the Informational Technology services and applications available to all UNCW employees. Ferrell was in the first group of participants to graduate from this series. Pictured at left are Vice Chancellor **Deb Saunders-White** (left) presenting **Ferrell** with her certificate and pictured at left are the campus-wide recipients of the certificates.



Congratulations to the Newest Sigma Theta Tau Inductees!

Congratulations to the following students and nurse leaders for their recent induction into the Nu Omega Chapter of Sigma Theta Tau International, the nursing honor society:

Pre-licensure inductees are: **Melissa Bayne, Shannon Blannenbeckler, Sarah Bouzek, Sabrina Chalfu Barbieri, Stephanie Dickey, Lucy Fancourt, Megan Hurd, Adrian Ionescu, Sarah Jeffires, William Mallary, Heleana Mangeri, Katherine McCollom, Carrie McGrath, Meredith Mills, Susan Mintz, Olivia Murphrey, Rebecca Neer, Beth Parrott, Leah Pursel, Kathryn Radle, Mallory Rodgers, Katherine Schultheis, Heather Scott, Amber Shelton, Britney Tadlock, Crystal Taylor, Brittany Wilson, Rosemarie Wyatt and Stefanie Zeeman.**



Pictured above left are the Class of Dec. '10 inductees and pictured above right are the Class of May '11 inductees.

RN-BSN inductees (two of whom are pictured at right) are **Gina McKim, Samantha Gifford and Ashley Watts.**



MSN inductees include **Erica Gifford, Kristen Genger, Kelli King, Shelia Lane, Cathy Mann, Allison Roane, Cynthia Schweizer, Stacey Turnure and Margaret Verzella.** Five of these inductees are pictured at left.

Nurse Leader inductees are **Amany Bebawy, Jane Both, Kathy Eckhardt, Ruthanne Palumbo, Denise Sanfilippo and Julie Spicka.** Two of these inductees are pictured at right.



Congratulations to the Class of December, 2011. . .

. . . for achieving the highest mean score on the HESI mental health exam and having the highest mean score (917!) since the exam has been given at UNCW. And special congratulations and thanks to the mental health faculty!

UNCW Chapter of the American Association of Men in Nursing

Several AAMN events occurred during fall '10:

- 1) Chapter participation in the UNCW Student Involvement Carnival to recruit new members
- 2) Members **Sean Toomey** (Dec. '10) and **William Hite** (May '12) on Sept. 24-25 attended the AAMN National Conference in Durham, N.C. The UNCW Chapter was given official recognition as a chapter and presented with a chapter plaque.
- 3) On Sept. 27 guest speakers **Jonathan Hughes** and **Sarah Price** (May '10) discussed their experiences as new graduate nurses.
- 4) AAMN hosted an information session for current nursing students to discuss opportunities for summer externships and transition-to-practice programs.
- 5) On Nov. 1, guest speakers **P. Allen Gray**; Captain, Nurse Corps, U.S. Navy Reserve (retired) and Captain **Kevin Anderson**, Medical Program Representative, Navy Nurse Corps, discussed opportunities for current students and graduating nurses for a career in the military.

The UNCW Chapter currently has a membership roster of 23 active members. Officers were elected to replace members graduating in December: **William Hite** (May '12) as chapter president, **Owen Howell** (May '12) as chapter secretary, and **Kara Ritchey** (May '12) as public relations chair. **Eric Morgan** (May '11) will continue as vice president and **Josh Freeman** (May '11) as treasurer.

ANS News

There were 25 ANS members from UNCW who attended the North Carolina Association for Nursing Students (NCANS) Convention in Oct. '10. UNCW was recognized for the most members in attendance as well as the farthest distance travelled. Six delegates from UNCW were seated in the House of Delegates.

Rebecca Neer was nominated and seated for the 2010-11 term as the Publications Director for NCANS. **Leah Pursel** was nominated and seated as the Breakthrough to Nursing (BTN) Director for N.C.

Shown at right are a few of the UNCW representatives to the convention: (left to right) **Rebecca Neer**, **Leah Pursel**, **Virginia Curry** and **Heleana Mangeri**.



ANS continued the annual tradition of participating with Operation Christmas Child. This year, 108 boxes were collected, with \$214 received in donations for shipping. These boxes, filled with Christmas card greetings and toys, are distributed to underprivileged children throughout the world. ANS wishes to thank everyone who helped make this year's Operation Christmas Child a huge success.

Camp Special Time



There were 45 UNCW pediatric nursing student who participated in a respite care program for special needs children of military families at Camp Lejeune on Oct. 17. The program is designed as a weekend camp that offers special needs children opportunities to just be kids for the day. It provides parents with much needed respite time and enables nursing students to experience, on a small scale, what parents experience every day when caring for children with special needs.

A variety of disciplines including UNCW's own recreation therapy and education students come together to address the needs of the children during the camp hours. Not only is it a day when the children get to have fun, but UNCW students also enjoy some of the activities as they guide the children through the activities. New groups of pediatric nursing students will have the opportunity to share in the Camp Special Time (CST) experience as the base managers are currently planning two spring camps set for Feb. 12 and April 10, '11.

My Health Activity Book

There are 120 health education activity books for school age children ready to be distributed to children in the Wilmington area. The book consists of over 80 colorful pages of fun-filled activities, such as word finds, puzzles, drawings, crossword puzzles, songs and mazes. These activities relate to healthy lifestyle topics for children and cover healthy food choices, promoting healthy teeth, swimming and sunning tips, biking and skate boarding safety and many more.

The information and fun activities were the creative expressions of more than 100 students who compiled these activities during their pediatric specialty course from 2008 to the present. The books were created with the intent of providing local children an enjoyable means to learn about staying healthy. Plus this creation allowed students the opportunity to experience first-hand the role of nurses as community educators.

The books, which will be distributed free to the public within the Wilmington area, are expected to be very popular. Already books have been promised to schools, charitable agencies as holiday gifts and to children who are in the hospital. A catalogued copy of the book is housed in Randall Library if anyone would like to review the book.

This project was made possible by a UNCW Engaged Teaching Fellows monetary award through the Center for Teaching Excellence. Faculty hope to replenish the current stock with a second and third edition. Donations given to offset printing costs are welcome and can be sent to **Brenda Pavill**, UNCW School of Nursing, 601 S. College Rd., Wilmington, NC. 28403.

A drawing is being held in which four winners will be selected to receive a copy of the book. Those who wish to enter are asked to mail a 3 x 5 card with his or her name, address, phone number and mailing address to **Brenda Pavill**, UNCW School of Nursing at 601 S. College Road, Wilmington, NC 28403. Entries will be accepted until midnight, January 10, 2011.



Community Health Clinical Students Benefit from the Sim Lab Facilities

Undergraduate nursing students are already benefiting from the new Simulation Lab facilities. Students during the community health clinical rotations engaged in the first home health simulation scenario using the Home Health Simulation lab in the new building. Students were able to get "reality based practice working with clients in home setting through the use of a 30-minute home visit scenario, developed by UNCW SON faculty members **Debbie Ezzell**, **Carol Highsmith** and **Soo Kim Godwin** using a live standardized patient, played by Camp BONES coordinator **Cyndi Meredith**.

Shown below in left photo are students **Michael Bain** (left) and **Stephanie Robinson** (right) with **Cyndi Meredith**. In the right photo, student **Justin Reeb** is performing an assessment on **Cyndi Meredith**.



Please submit calendar events, notable achievements, community events, research/scholarship activities and questions for faculty/staff to our editorial and production staff: **Sandy O'Donnell** (odonnells@uncw.edu) or **Debra Simpson** (simpsond@uncw.edu).

Final lingering thought . . .

Have a joyous holiday!

